

AUTUNM MENU 2011

COMUNE VIGNATE

FROM 10/10/2011 TO 23/12/2011

	1° WEEK	2° WEEK	3° WEEK	4° WEEK
M O N D A Y	Pasta with tomato sauce Bresaola (beef ham) Carrots Fruit	"Spring" Rice Fresh Cheese Green Beans Fruit	Barley with cheese Mozzarella Cheese Courgette Fruit	Gnocchi with tomato sauce Stewed Cod fillet Salad Fruit
T U E S D A Y	Parsley rice Baked chicken Green Beans Fruit	Polenta with meat sauce Carrots Fruit	Soup with crostini Meatloaf Polpettone Green Beans Fruit	Pasta with vegetables Roasted aroma Three kinds of green Fruit
W E D N E S D A Y	Pizza Chips Fruit	Pasta with Zucchini Eggs and Cheese flan Mixed salad Fruit	Risotto allo "Zafferano" Cutlet "Milanese" Herbs Fruit	Mixed Salade Lasagne alla bolognese Fruit
T H U R S D A Y	Saffron rice Swordfish breaded Fennel Fruit	Cream of vegetables Pie of potatoes and cheese Chocolate pudding	Pasta with tomato sauce Fish sticks Carrots with lemon Fruit	Pasta with olive oil Roast pork loin Spinach Fruit
F R I D A Y	Pasta with vegetables Meatballs Zucchini Fruit	Pasta with tomato sauce Baked sole Steamed potatoes Fruit	Pizza Mixed salad Fruit	Rice with zucchini Chicken escalope Carrots with corn Fruit